

NAACAL SEALS



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To Marvin, Marvel, Laurie
and Marvin the magician,
kind and gentle souls who paved
the way for love in this world.

Dedication

To all who dream of a world
of peace, harmony and abundance for all.

THE NEW NAACAL SEALS

These are authentic Atlantean/Lemurian Seals, or divining runes if you like. A more accurate name for these tools is The New NAACAL Seals.

Now who or what is/are The NAACAL? This will be the briefest of history on this matter:

More than 50,000 years ago two advanced civilizations thrived in the world. One was Atlantis and the other was known as Lemuria or Mu.

Lemuria was by far, the older of the two. Now the Lemurians in the pre-Atlantean times were scattered all over the world in several significant pockets but by 50,000 years ago they had concentrated in what became known as Mu. The Lemurians really were the “mother” civilization.

And then came the rise of the Atlantean culture and it was centered and grew on that large island nation but did spread out all over the world from that initial center. The Lemurians started out scattered then coalesced. The Atlanteans started out concentrated and then spread out. Some say that the Atlantean civilization evolved because of the influx of extraterrestrial entities. Some believe that these entities came from a culture from a

planet within the solar system of the star called Sirius. There is some evidence that this is true.

In time, these two civilizations became aware of each other and began to have expanded communication, interaction, trade, etc. The Lemurians were a true original earth culture and whatever the source that the Atlantean culture came from, the Lemurians were delighted that this new advanced civilization was developing on Earth.

It is important to understand that the Atlantean culture developed quite swiftly, much as we are today but it was more balanced still than we are today. However, even though there was more balance, as time went on, things started to slip a little in Atlantis. This may have been because the integration between the Siriun influenced (spirits that took on earth bodies i.e. with permission) and the humans was not as good as one would hope. The Earth humans (non-Lemurian) probably were not quite ready for the rapid development that was occurring by the influx of the Siriun culture.

The realization that something was slipping was perceived by the “Wise Ones” (men and women) of Atlantis and they worked very hard to rectify the problem. The “Wise Ones” saw that the culture was beginning to slide back into a materialistic point of view rather than have a balance with the spiritual, social and ethical development. This became known as the “First Atlantean Crisis”. For the most part the “wise ones” were able to stave off the effects of the slide—at least for awhile.

Meanwhile the Lemurian civilization continued to evolve, yet at a slower rate. But

then they had already been around for a long time and were here long before the Atlantean culture even got started.

While slower, the evolution of Lemuria was extremely balanced. They were evolving spiritually, mentally, socially, ethically, and technologically in very good harmony. Development occurred with each facet taking little jumps forward then the others would catch up, each element taking its turn leading the way.

For instance: sometimes a jump in technology would take place but it would then be followed by a spiritual jump to balance things out. Therefore the evolution was slower than what occurred in Atlantis but was decidedly more balanced. Lemuria really was a “golden civilization” even though the folks who created it had gone through many growing pains and struggles along the way. They’d had many smaller “crises” of their own before they got to the place that they were, when the Atlantean civilization began to evolve.

Meanwhile, back on Atlantis the first crisis was averted for awhile. However, before too much time had passed the problems began to crop up again, for whatever reason there began a slide back into materialism once more.

The wise ones went back to work to rectify the problem but the slide, while slowed down, continued to plague them. It was during the second half of this “2nd Crisis” that the “wise ones” of Atlantis turned to the Lemurians for help.

And that is how and when the NAACAL came into being. The NAACAL were a kind of priest like group that arose to help control the slip back into materialism. It was

made up of the “wise ones” of Atlantis and a significant number of “wise ones” from Lemuria. These folks were all volunteers that agreed to help and aid the ailing culture of Atlantis.

The NAACAL was the best combination of philosophies (or religion if you prefer) of both cultures rolled into one for the benefit of all. And the goal of the NAACAL was to stop the slide back into materialism so that the culture of Atlantis could continue to evolve and move forward into an ever higher consciousness and yet to do so at a slower yet far more balanced pace.

At first the effort of the NAACAL was wondrously successful. The slide back was halted altogether and reached a plateau. This was the high point of Atlantean Culture. The NAACAL came very, very close to changing the course of the Atlantean culture forever.

The issue may have even come down to a single night's work when the NAACAL almost reached that point of “critical mass” where enough people “saw” and the course of their civilization would have changed. But they just missed it, just barely.

And then the slide began to happen once more. Despite all efforts of the NAACAL and others the slide began again. And this led to the 3rd Atlantean Crisis. By then it was a lost cause and the deterioration of the culture happened rather rapidly.

It must be noted that while the culture slid back into materialism, technology continued to advance. And there was a point where Atlantean technology advanced past the point that the Lemurians had reached in all their long years of development, especially

in weapons of war.

This began to create significant problems because by this time Atlantis had slid into a “dark or power” mentality and they became fearful and jealous of the Lemurians, the very ones who had tried so valiantly to help them. There was even a point where the “dark” Atlanteans developed advanced weapons and actually attacked the world of Lemuria.

And the Atlantean’s continued an overall slide back as a civilization but continued to advance technologically —things became very bad indeed. It was also at this time that the name of the NAACAL began to have a bad reputation. Some rogue members formed themselves into a priest-ruler class, but in fact they were not really the NAACAL at all by this time. It is also probable that the Atlantean’s brought about their own destruction and were scattered and much of what they had learned was lost. The fall of Atlantis is well known.

What is not commonly known is what happened to the Lemurians. The attack by the Atlanteans did a great deal of damage. This was done by advanced long range weapons. The “dark or power” Atlanteans then sent a force to Lemuria and their aim was to conquer and occupy the rich lands of Lemuria and thus rule the entire world.

This invasion failed utterly. They could not compete with the Lemurians at all. While the Atlantean’s had more advanced weapons, the Lemurians had the ability to appear and disappear at will. The Atlanteans did not. They were not advanced enough. The

Atlanteans had no chance. And very few survived the attack to tell the tale.

After that the Lemurians collectively joined in an effort to conceal their island from all others on earth. The Atlanteans sent two more invasion forces at a later date, one very large and one small (a scout) but Lemuria was never found again. The Lemurians by use of the conscious will formed a mist and “spiritual” barrier around their world. If anyone tried to find them the effects would be much like what is described when people fly into the Bermuda triangle---all sense of direction is lost. And it was not long after the last Atlantean sojourn, that Atlantis went through its final convulsions and fell.

And now we come to the least known of things about Lemuria. It was not too long after the last Atlantean mission, that the Lemurians decided to leave this planet. They were tired of the world and it's troubles and greatly dismayed by what had happened to Atlantis.

They knew they had a good, balanced society and culture and wanted to continue—but not on earth. And so they left and took up residence on a planet far away so they could continue their culture and development independently and in peace.

It may very well be that a great tsunami or earthquake also took down the physical island of Lemuria. It is possible that hundreds of thousands of physical bodies died in the wreck, but the spirits of the majority of Lemurians moved on and lived on, becoming physical once more and occupying a planet far away.

And that was the true end of the NAACAL.

Until now. Perhaps the new NAACAL is being formed now and right here on earth. And it will be a NAACAL that incorporates all the lessons humanity has learned up until now and incorporates the best of both the Atlantean, Lemurian and all of the myriad cultures that exist here on earth now.

Perhaps we are all Atlanteans and Lemurians returned to this world to help it evolve and grow once more and help the human inhabitants to become the spiritual beings that we were always meant to be. Perhaps it is now that we will all come together and begin the process to make of this planet the paradise that it was always meant to be.

Perhaps now is the time.

And perhaps the New NAACAL Seals will be one instrument that will help this process along.

[Another note. It is a subtle point but one that is significant. The name NAACAL does not even refer to a group of people it serves to delineate an “effort”. Back then if someone asked another “what are you spending your time on” the second might answer: “I’m working on NAACAL,” and the first person would know exactly what that meant.]

HOW THESE SEALS CAME INTO BEING

It is an interesting how these seals made their way into our consciousness. About two years ago a good friend of mine out in California was asking if I had any knowledge of a thing called the NAACAL.

I had to admit that I knew nothing about them at all. I did not even have an inkling of an idea what this word was referring to. Actually this state was a good place to start. I had no prejudices or preconceived ideas at all about this word, the NAACAL.

At this time a group of like-minded friends were getting together to share insights and develop our spiritual pursuits collectively. So our little group of four got together and we asked everyone if they had any information on the NAACAL. We all came up with a blank slate. No one knew anything about this. So we shelved the idea for awhile. We met every Saturday night, so every so often I would bring it up again, but for a good six months we got nothing, in other words no one received any sort of sign, or inspiration that we should pursue the question of the NAACAL any further.

Then one night we were having a good session. The energy was very good in the room. We were having nice discussions, did some readings and everything was going very well. Anyone who has done this for awhile always remembers those nights when everything is going well.

After the discussions and readings ended, we all went into our meditative states and did what I call the “Free Flow Visualizations”. It was at this time that the younger of our members Keith, began to get something.

He got a strong vision of 19 folk in robes all around him. They seemed to him like they were the Druids that Dustin and Holland (two other members of our group) and I had some very interesting experiences with before. (I can't get into all of this at this time but you can find some more on our website: [RealmWalkers](#)).

But when Keith got this vision of the Druids everything broke loose. It seems that Keith had the key to this mystery. He spent more time on this and got some images of faces and such and then the next week the symbols and the seals started to show up.

That was when we all got the sense that these seals were supposed to be painted on stones. At first Keith got a few symbols but soon after I was getting several myself and we were off and running.

All and all it took about a year for all the symbols to arrive. There were 42 plus a 43rd that was a floater in all (the concept of “floater” is described more in the “definitions section later). But that summer we had 19 well established. We had a very good time putting the symbols on the stones that I had gathered from a riverbed very close to the house that I grew up in (photos of these new-original seals are used in this book). It was a very nice collaborative effort and we all pitched in and drew the symbols on the rocks and painted them up.

We were very proud of the work that we did. They just looked cool! And then something very surprising happened: The seals, even though the set was far from complete began to glow with energy. It was amazing how potent these seals were. They just glowed with a golden light energy that I must admit that with even 30 years of experience in this kind of energy work (e.g. crystals, etc.) I had never felt this kind of energy before. We knew then that we were on to something really big.

That fall, my friend Bob from California who first requested the information about the NAACAL came to visit and we happily showed him what we had accomplished. He gazed for a moment and then his eyes opened in amazement as he felt the energy begin to grow. And this reaction was coming from a guy who has had actually held and had protracted contact with the famous Crystal Skulls. He believed that these seals may even have a greater impact than the skulls have had. He believed these seals have even better and cleaner energy than they do. And I agree with him.

So he went back to California and then in months, what seemed a very short time indeed, the rest of the symbols came in very fast. By January we had the full set of 42 plus one, drawn down on paper. And we got a real impulse to finish these things and Keith and I proceeded to put the remaining seal on rocks so we would have the full set. By early March 2006 the full set was complete.

As soon as we had the set of seals completed, painted on the river rocks, then the meanings of the seals started to come. At first we thought that these seals were like

letters of an alphabet, but soon it turned to not be the case. They were too potent. And we divined that these could be used for divination purposes and other things (see use of seals section).

But I can tell you that while the 19 were strong, when the whole set was complete it was amazing. The intensity of the seals was so strong sometimes it was almost painful. But it was a clean golden energy and this is the purest type of energy known. These Seals will and can be very potent tools for advancing ones own consciousness.

The symbols themselves and the meanings came to us when we were in a meditative state and in contact with what I believe were higher spiritual beings. And because of the intensity and the golden light that emanates from them I believe these are very valuable tools. The spirits who gave them to us even had a sense of humor about the whole thing. They urged us not to be too serious. Humor is a higher dimensional aspect as well. I trust what they have imparted to us.

Another interesting thing that I had to note was the activity during the winter months. Generally, for myself and many others, the spring and autumn months were the ones that were the most active times for spiritual messages, insights, understandings, experiences and generally growth. Summer was less so and wintertime was far less so than summer. Not so with the NAACAL Seals. The most active time was during the winter months. While all the world and even nature was asleep and dormant, the Seals were most active and the incoming messages and definitions came most strongly during the winter

months. This is a real reversal of what I have experienced before, having dedicated my life to this type of work. Just what the meaning behind this phenomenon is, I cannot say. I will leave that up to you.

The Number Forty-Two

There are 42 seals in all. Why the number 42? To that we have to turn to what Linda Goodman the famous astrologer called the Forgotten Melodies of Numerology.

In numerology the numbers have meaning. If you take a compound number like 42 you have to add the numbers shown together. Thus $4+2 = 6$.

Six is the number for Love. Love is the basis of all creation. It is at the Heart of all matters. Only our minds get in the way and tell us that this is not true. But the Heart knows.

But this begs the question: if six is the number of love why are there 42 and not just six seals? It's because 6 is too simple for us humans. We have complicated our reality up so much that at this time 42 is simplest number we can accurately work with.

And now we come to a rather humorous aspect of the number 42. If you recall in the story, The Hitchhikers Guide to the Galaxy, they asked that super computer, "what is the meaning of life" and the super computer came up with the answer: "42". That was one wise computer. The meaning of life is Love.

Six is the number of Love. Forty two reduced is six. And that is why the number of seals is 42. It's just that simple.

Ah but there are 43 stones in all. What does that do to my theory? Nothing. The 43rd stone is a modern adaptation that we call the null set. It is a floater. It is not really an official seal at all. (I will explain more in the sections dealing with Definitions and Uses of the Seals).

NAACAL SEALS INSTRUCTIONS

The methods employed for the use of these Seals is much like that which is used when you are using any other types of Runes for Divination. But there are some differences. Most of the times, the Rune instructions say that you should keep the Runes in an enclosed space until you are ready to use them. These NAACAL Seals are different. When not in use it is advisable to keep them out and in the open air, preferably on an altar or other sacred or special place. You do this to let the energy of the Seals permeate your household or domicile. The set will act as a mini portal for extra-dimensional energy plus the symbols themselves will resonate with good energy.

Contrary to this however, from time to time, it is advisable to put them in an enclosed space so that they can recharge. It is also a good idea to place them spread out in the sun in a safe place that will not be disturbed. This is the quickest method of recharging the Seals.

But generally leave the Seals out in the open and let their energy permeate your place of abode. The Seals with their symbols and the colors of gold and purple (the highest resonant colors) serve as a means to fill your house and keep dark energy and entities away. The “Dark” do not like these things.

Why Gold and Purple?

When the “Spirit” sent us these Seals they were very insistent that these colors be used. These colors are the highest resonant colors for spiritual work.

The Color Gold.

For a long while I believed that the “white energy” was the highest energy that could be attained because white light included all of the colors of the spectrum. Through bitter experience I found that people who possessed “white light” could also be very cold and calculating and that is not a good thing.

The color Gold, in the spiritual realms of energy, can never be perverted to a cold application. It always vibrates with a sense of warmth to it and that is why it is considered the highest color.

Gold is the color of progress, of moving forward to higher realms and higher consciousness. Some people resonate very well to the color gold. They tend to be enthusiastic, optimistic and generally look on the bright side of things. The danger here is that gold people also have a tendency to be a little Polyanna in their outlook. They can ignore certain signs that say “caution” don’t move too fast or a bump may come.

The Color Purple.

Purple is the color of consolidation after progress. This is the time where you

assess what you have learned and put it all into perspective. It is a very necessary phase. Some people resonate very well to this color. They tend to be a little less optimistic, yet have compassion for those who suffer, but are still less willing to move ahead. The danger for purple people is that they become bogged down by “the cost” of everything and end up swimming in their own soup, not moving forward and thus stagnation sets in and there is no more progress.

Any society, civilization and especially people go through all of the colors of the spectrum during their lifetime. But Gold and Purple are the colors bracketing that spectrum. Generally, the Gold phase is of shorter duration than the Purple phase. Great progress is made during the Gold phase and then it slows down, and is replaced by the slightly longer consolidation or Purple phase. During this phase you assess all that has been learned, the cost, the lessons, and when done properly, you begin to prepare for another Gold phase.

Both the Gold and Purple phases are vital for spiritual growth and that is why these are the colors used for the NAACAL Seals.

NEW NAACAL SEAL LAYOUTS

Let me say from the start that these pictures are just suggestions for layouts of the NAACAL Seals. If these layouts work for you then that is just great. However I would encourage everyone, if they so wish, to invent layouts of their own. And these that you find and create for yourself may work even better than what I have suggested.

The labels under each Seal position (in brackets) are also just *suggested* meanings for each position. There are many more options out there than what I have provided in these examples. I would encourage everyone to find your own meaning for the positions. Some people are more concerned with internal conditions and some are more concerned with the external. I have tried to give examples that will cover both.

The NAACAL Seals are extremely flexible and they are to be custom made for you. They will flex to fit you; they are not designed to make you fit them.

I am told (by spirit) that the number sequences that I have suggested are pretty accurate and the Seals should be laid out in the order that I have suggested. There does seem to be some purpose to this sequencing.

Choosing Your Seals

Whether you have a large custom made set of Seals (like mine made on river rocks) or a smaller set of Seals, this technique will work very well.

First dim the lights, and light a candle(s) if you have them. The Seals seem to enjoy and work best with candlelight whether it is night or day. Light some incense if you have it and like it.

Lay all of the Seals out before you and keep them pretty close together. Now turn them all over so that the symbols are face down and cannot be seen. Gently shuffle the Seals around so that you forget which Seals were where.

Now walk away from the Seals for a few minutes, putting yourself into a meditative state. Communicate with your spirit guide if you have one or even suspect that you have one. Ask them for help in obtaining a good reading.

Now come back to the Seals and settle yourself in. Think of the layout you are using and what you wish to know.

If right handed, pass your left hand over the all the Seals once then slowly back and forth until your hand rests over the one that you wish to choose. This process is very intuitive. Wait until the 'feeling' says "yes this one". Then pick up the Seal you've chosen and place it before you in its proper position.

Do not turn the symbol side up just yet. Continue this process until you have completed the layout that you have chosen with all of your choices laid out while still face down.

Now, one at a time, turn a Seal over.

Contemplate its position in the layout, contemplate its meaning in that position, and read and contemplate the definition of the Seal. But more than anything else “sense and feel” the energy of the Seal.

When the meaning of the first Seal is clear in your mind (and heart) then move on to the next and the next until your reading is complete.

Take your time. Contemplate. Meditate. The Seals are designed to take you out of the hurly burly of this “reality” and draw you into the more peaceful realm of the spirit. Do not rush to see the conclusion or the final Seal. Take in the reading as a whole. “Feel” what it has to say to you. Let your “Heart” determine what thoughts you are meant to have concerning this reading.

When you have finished with your reading it is often advisable to leave your reading turned up in the room and let its resonance fill the space that you are in. The amount of time is entirely up to you. You can leave it this way for an hour, or for a week if you like. It’s entirely up to you.

After you are satisfied that you have “drunk in” the entire meaning of the Seal reading, it is once again advisable to turn *all 43* of the Seals over, symbols up, and let their resonance imbue your domicile once more.

If you are left-handed then most likely your right hand is your “receiving” hand and that is the one you will use to choose your Seals for the reading. If you are ambidextrous use whichever hand “feels” right to use.

Important point: The reason that you should use the “receiving” hand is because you want to receive the “guidance” from outside or from “deep inside.” If you were to choose with your “projecting hand” or “power hand” you might well influence the reading in an undue fashion. It is very easy to do this, and that is why it is not advisable to do a reading when you are agitated, angry or upset. You can push the Seals around and make them say what you want them to say. But that is not their purpose and it is really against their truth function.

A Second Way of Choosing the Seals

The second way of choosing the Seals will only work with a smaller set that you can put into a cloth or leather bag.

This process is the tried and true method of putting all of the Seals in the bag and choosing them one by one from the bag. When you do this be in a meditative and “receptive “ state, put your hand in the bag and run the Seals through your fingers. After a time one of the Seals will sort of “stick” to one of your fingers. That is the Seal that is appropriate for that position in the reading. Continue this process until you have all of the Seals that you desire for your particular layout.

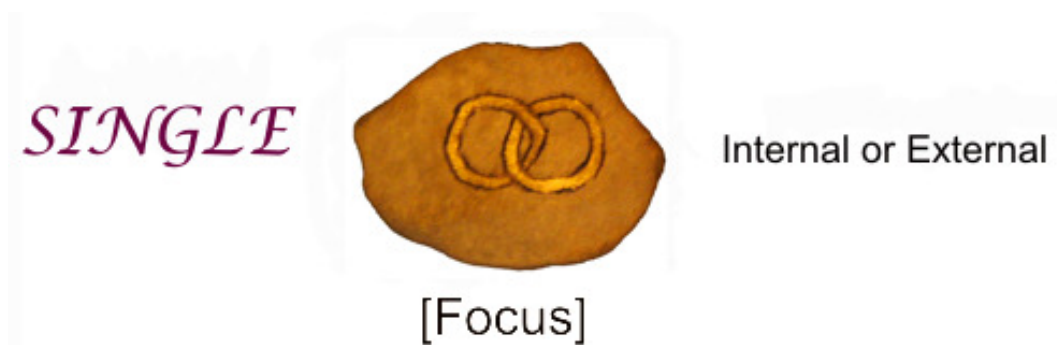
If a Seal should come out face up you can either turn it down until all of the other Seals are chosen or not. The choice is up to you. Whatever works best for you is the right way.

This is the second method of choosing your Seals.

EXAMPLE LAYOUTS

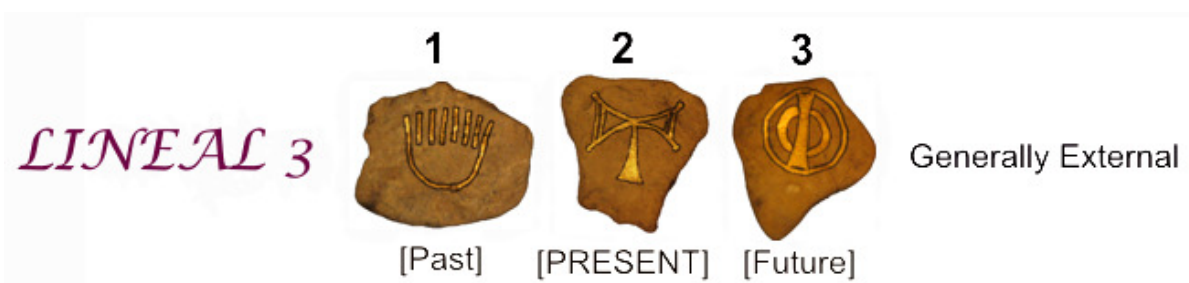
Single Seal

If you are prone to doing a lot of readings this layout can be a good one to use on a daily basis. The Seal you pick will give you a focus for that day. Sometimes what you pull up will be different than what your mind is actually on at that time. This will help you refocus your attention from another element in your mind to one that could be more beneficial.



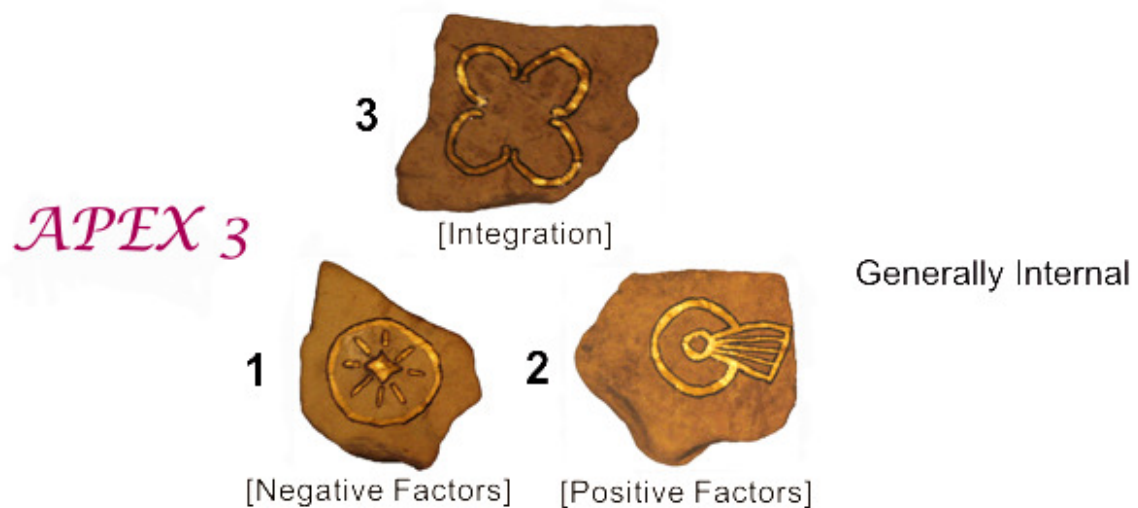
Lineal 3

This also is a layout that will help you focus on the more mundane matters. Most of us view time in a lineal fashion even though often time is of a more cyclical nature. This layout generally focuses on external influences that are affecting your life. This can be very valuable and allow you to see your current situation, or challenges, from different perspectives.



Apex 3

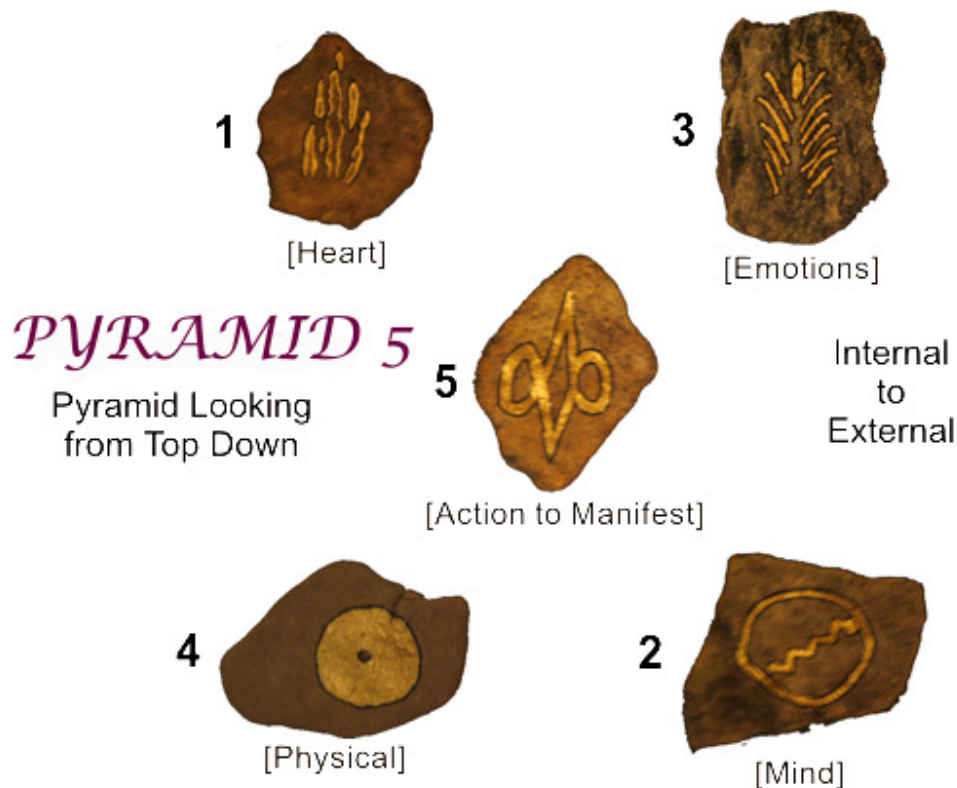
This layout generally allows you to view the internal conflicts. It will give you a perspective on what is truly going on inside of your own system. Again, as with the lineal layout, the biggest benefit for this layout is to give you different perspectives on your own internal conflicts, which end in the integration position at the top of the layout.



Pyramid 5

Imagine looking down from above at one of the great pyramids at Giza. This is where the five positions in the layout come from. Now the meanings of each of the four positions at the base can be just about anything you wish. The meanings that I have put down for you are just one possibility.

However, the fifth position in the center is the correct meaning no matter what factors you wish to use for the four base meanings. The fifth position will describe what you need to manifest out into the world. The energy comes from the four base points then manifests out the top of the pyramid. This was one of the functions of the pyramids in the olden days when they were in still in active use. This is a very interesting layout.



Love Star 6

I like this layout very much. It represents the blade and the chalice, the masculine and feminine together in Love. And Love is the most important thing. If you have found the right Love then half of your mission on earth is complete. The second half is to figure out what you two are supposed to do together. This layout is designed to help you in that quest for love.

It may serve as a warning that you are focused on the wrong person. It may also serve to tell you that you have the right person and the problems that you seem to be having are really non existent—its just a matter of changing your perspective.

The “Wrong Love” is one of the biggest “bummer” forces now affecting the consciousness of the planet. Hopefully this layout will serve as a guide for people regarding this most important aspect of life—Love.



Spiral Life 7

This layout transcribes a Fibonacci Spiral. All life grows in the shape of this spiral. The hair on your head grows out in a Fibonacci spiral, leaves growing around the branch of a tree have the pattern of the spiral, and the petals of a flower grow in the pattern of the Fibonacci spiral. This is the reading of individual life. As with many of the other layouts, you can choose the meaning of each position in the layout — the ones I have shown are just an example. However, the meaning of the first and last positions should remain as have been suggested. This is a reading of life growth, your growth; it begins with you now and ends with what you may, or aspire, to become.

Also, this reading can be expanded to include as many as 13 Seals, if what you want is a more comprehensive description of your life process. Going beyond 13 Seals is not really recommended because the reading can get pretty complicated if you go beyond this number.

Enjoy. I hope these Seals will aid you in your quest for spiritual growth.

*Spiral
Life 7*



NAACAL SEAL DEFINITIONS



I. The Moon.

The moon shows the reflected light. When this seal comes up it is a time to ask yourself “Am I, as I represent myself what I truly am inside, or am I showing a reflection of the world in which I have found myself?” This seal has many dimensions to it. But it is a seal of inner questioning. Be honest, but not critical in a harsh manner. First of all be kind to yourself. And if a change is seen to be needed let it be a gentle one.



2. Growth

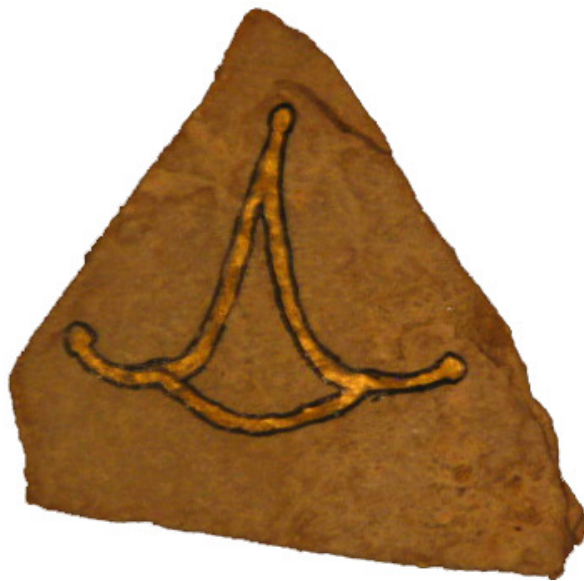
This is a seal of progress. At the center is the little diamond or star shape. This is the divine spark that is within all of us. And from that spark is where all true growth comes from. When this seal is pulled, be encouraged. This is a good sign. You are growing. You are evolving into what you were meant to be.



3. Community

This is who is around you. Friends, family, partners, even the world that surrounds you.

This is your tribe, if you will, at the most basic level. A note of caution here: Are the ones that surround you the ones you want? Do they help you grow? If not then it may be a time to let some go.



4. Pinnacle.

You have reached some goal. Perhaps a goal that you are not even aware of. Perhaps it is one that is not readily definable or obvious. If not then look for it. It is there to be seen by the eyes of the soul. And notice that the base of the Pinnacle is rounded. This is a sign of a flexible and moving base. Imagine the seal in 3D with a partial sphere for a base. If rocks, it moves, it adjusts, it is not stagnant and fixed.



5. Beacon

What was a beacon? It was a shining light, one that was showing the way. It was something to fix your sights on, to warn of danger or as a way to light your path. This is an outside influence. It could be a person, a spirit guide, a book, or an idea that shows you a way. Follow it. But remember a beacon will only bring you part of the way. Then another beacon will show ahead once more as you continue your journey.



6. Love

It's simple. It's Love. But then not so simple eh? Yes it's Love. The prime mover of the entire universe. The source of all. The grand mystery that no one will ever figure out. It is there for you always. Open your heart and let it in. Especially and hardest of all-- Love of oneself with all your faults and glories and failures and successes. Love is here—embrace it in all its many and varied forms.



7. The Flame

Passion. Emotions. The fire within that is projected without. It is good but beware — for it can burn both you and those you do not intend it to. Be sure that the passion comes from the heart, which is **the still quiet voice** within. For the mind, the ego produces passions as well and the conscious mind knows only a tiny fraction of what the heart is well aware of. Listen to your heart first and let the passion move you to **correct** words and actions.



8. Open

Open system. Open to new ideas. Open to incoming messages from other realms to serve as inspiration and or guidance. Generally this is a good seal but there is a warning to go along with this. Open can—under certain circumstances, mean vulnerability as well. Be circumspect about what you open up to. Be discriminating. Use your senses, your intuition, and your own guidance from the heart.



9. The Rose

This is a wonderful seal. This indicates a time to stop and smell the Rose. Look at the symbol. It has you in the center. A good orbit is around you and your community is also strongly and solidly there. This will be a time to stop your questing and appreciate all that you have right now. This is a time to rest and recuperate. Enjoy. Be grateful for what you have and what you are—not what you don't have and what you hope to be. You will get there. Rest and enjoy it in all its worth right now. This is a strong healing seal.



10. Sirius

This is probably the oldest symbol of this whole set of seals. This is the ancient symbol for the star Sirius and all that it stands for. This seal has been the symbol for Sirius for perhaps as many as 100,000 of our earth years. When you draw this seal it means that you are resonating very strongly with the energy of the Siriuns and thus with the energy of Atlantis, when it was at its height and at its best. There is a strong pulse that comes with this seal. Get in touch with it—feel it—know it.



11. The Caterpillar

Most people in this world live their lives pretty much like a caterpillar. They live, they move, they procreate, and mostly they consume. This they do and not much more. If you are reading this definition then you are not one of these people. Notice that the caterpillar is beginning to turn in on itself. This is the stage where it rolls into a ball and begins to form the chrysalis. And then from the chrysalis what emerges is a beautiful butterfly. This is what you are doing now. You are just beginning to enter a new stage. Expect some dormancy for a while but what will emerge will be beautiful. And remember, in the course of a lifetime we go through this process many times. Each time a new and more wonderful butterfly emerges, until we do the last stage and throw off this mortal shell—for awhile.



12. The Boat

More precisely it is the boat on the river of life. You are in the boat. You are protected even though sometimes it may not seem that way. On your way you can just go with the current—let the current take you. As a wise woman once said to me: “you can’t hurry the river”. Being human of course, there are times when we feel the need to paddle. Then you can propel yourself down the river faster than the current, but the river still has its own course. It is one that you yourself have chosen. And so if you choose to take up the paddle then be sure that you are not going cross current or even worse be sure that you are not trying to paddle against the current, that is, upstream. Eventually you will lose that battle, and exhausted, the current will take you where you were meant to go in the first place and all of your efforts will have left you only exhausted. The river will take you where you were meant to go.



13. Intersecting Systems

Awareness of the two systems that operate within us. Often we perceive reality in linear terms; the straight line intersecting the circles represents this perspective. While this is our perception, in fact life is often a pattern of cycles. The straight line is not a bad thing, it helps to keep us sane supplying some sort of continuum for our mind to relate to. The inner circle represents the inner self-cycle. The outer represents our outward circumstances. This is a Seal of caution. Are we advancing truly or are we repeating old cycles that actually do not advance our development? Many cycles will repeat but will diminish over time within our system and advancement is occurring. Some cycles keep repeating and even grow, retarding our growth and restricting our reality. This is the time to look at these things. Be honest but be gentle with yourself. Introspection is the rule of this Seal.



14. Chrysalis, or Seed

You will note that in the center is the divine spark, the soul of every being that inhabits this world. Right now you are in your shell while the divine spark percolates and pulses and prepares for your awakening to a new reality, a new perspective and new way of being. Be quiet, be patient and await the opening when you burst forth from this womb of being. If this Seal is immediately followed by the Growth Seal (#2) you have already emerged. This is a Seal of waiting, of temperance in all things. No action is needed at this time, you are right where you are supposed to be in your development. Relax.



15. Masculine Principles

Ah the much maligned masculine. “God grant me the courage to change the things that I can change.” The masculine is the active force. It is the one that promotes change and subsequent growth. It is the one that strives to go forth and make a better world. Without it stagnation occurs. Oh, you may be safe and secure for now, but after awhile the safe becomes a prison restricting your consciousness and growth. It is a Seal of doing it yourself, not urging someone else to do it for you. At worst it is war and the misuse of power. And yet heed this note on war, would throwing Love at Hitler and his Nazi’s, stop them from taking over the world? I think not. Thank god for the masculine. When drawing this Seal one must ask this question: am I applying the masculine properly? Am I being true to a higher reality or am I just applying my will for selfish ends to get my way? It’s easy to go wrong. The masculine must be applied with discretion even caution because misapplied it can cause much distress. Discretion. Proper application leads to growth. The Masculine.



16. The Star

Divine inspiration from without. It could be a book, an idea, a spirit guide even a person.

It could be a Star in the heavens that inspires you. It is the same divine spark that is within received from without. This Seal denotes something that appeals to the mind, and it comes from the Universe, the Cosmos and the Divine “out there”. If you draw this Seal and you have nothing at this time that inspires you, then look for it. It is out there calling to you. Look without. Look for your next Star of inspiration. Just remember, one Star is always merely leading to the next and the next and the next...



17. Blossoming

It is time to bloom. Let the world or your own select group, see who you are. Tell them what you see, what you feel, what you know from your center, your heart. And if less evolved beings throw manure on you let it just encourage you to grow even more. Maybe in the end even they will see. Don't be a wallflower. Let them see you. It's okay. The gentle yet vibrant spirit within needs to be expressed. Now is the time.



18. 4 Elements

Earth-Air-Fire-Water. Elemental. Primal. Eternal forces. It's "Old School" yet still valid today. You are at the center and all these things are part of you in a metaphysical as well as a physical sense. Get back to nature. Walk in the woods. Go see the mountains, take a walk on the beach. Sing around the campfire. Breathe, breathe "consciously". Nature is calling. Get away from the concrete jungle that we have created. Get in touch with a thunderstorm. Watch it, feel it, see the power and the glory that is yours by your birthright of coming to this planet. If you are already doing these things than this Seal signifies your solid grounding. If not, then you need to find a way to do this in some way. Your spirit is aching to reconnect with these Elemental forces.

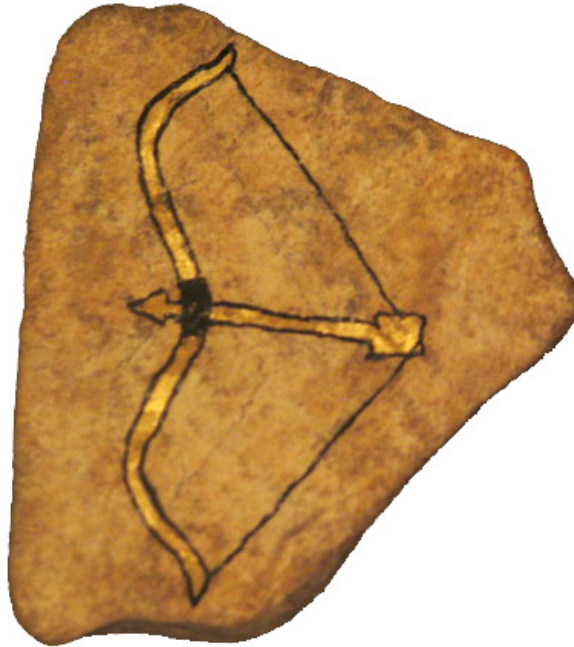
If already learned and practiced in these "old school" techniques it may be time to do some rituals—to become active and put forth some energy into the world.



19. Feminine Principles

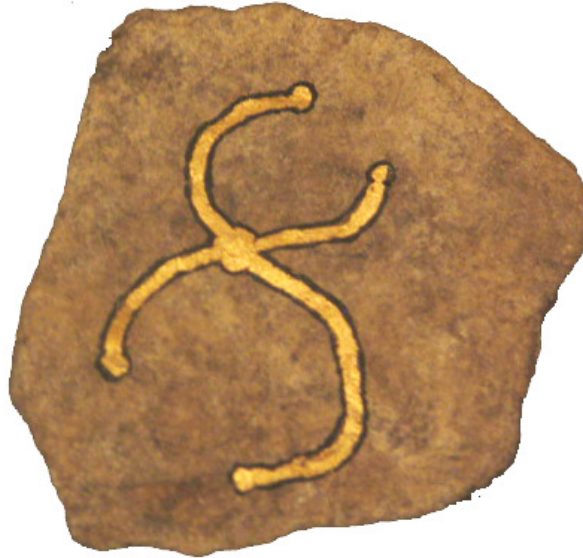
Yielding, accepting, passive. “God grant me the serenity to accept the things I cannot change.” The feminine is beauty and understanding, which leads to acceptance of things as they are. It allows things to be. It sees the beauty instead of the things we do not like. At best it is Love and Strength to accept and endure. At worst it is victimhood and dodging responsibility for one's life or situation. When two people come together and enfold in Love it is the feminine side in each of those people that feels the Love. The feminine is feeling—feeling from the heart. It is not emotions. These are two separate things often confused. Emoting is a masculine function. The world is ready for a feminine phase even though the current masculine phase has lasted less than half the time of the previous feminine phase.

When drawing this Seal it is time to look at your own feminine side. Are you yielding and accepting? Are you being the victim? Are you being masculine when a feminine approach would be more effective? These are the questions that must be asked at this time.



20. Drawn Bow

Potential conflict. Note that the bowstring is at its extreme extension but—the arrow has not yet been released. There are times in this life and under certain conditions when this may be the only alternative. Words must be spoken; physical defense must be applied. Sad perhaps but true. But this is a time of extreme caution about applying this Seal. 99% of the time another solution is far more effective and useful. A gentle remonstrance, a passive interposing of oneself between combatants, almost anything but the release of energy that this Seal depicts. Only twice in my adult life have I had to release the energy of the drawn bow. Once to defend another and once to defend myself. Those who turn to this method too readily are unevolved people—and I don't just mean men. Caution. And be aware that if you do let fly the arrow, you must accept the consequences. Careful—child of the world.



21. Cross Roads

You are at a juncture, a cusp, a moment of change. You will have many of these in your life, some are small, like a new job, a new car, a new apartment and some are large like a totally new career path, a new Love, or an entirely new life path. This is where you are now. This is a time when very careful viewing of what you have experienced before, and now, and what you want or hope to experience in the future must be carefully examined. Do you need to let go of old baggage? What in your life do you need to change, most especially in yourself first, then maybe in releasing others that are around you? It is a time of change. Sometimes a change that is almost trivial, at other times it could be a change of momentous importance. Have you examined? Have you been introspective? Have you cleared and healed and released? Now choose your path and go.



22. The Wheel

Vehicle. Transportation. Maintenance. This Seal spans the gamut all the way from the merely mundane to the highest attention to your vehicle of the spirit: your body and mind.

It could mean your car, your bicycle, a pair of roller skates, whatever you use to get around in. Do you need a new set of tires, an oil change, the brakes worked on or merely a new coat of wax? Is it just worn out and the time has come for a new one?

And what about the vehicle of the spirit, your body. Do you need to get more exercise, lose a few pounds, quit smoking or just spend a day at the beach?

And we can go even further. Are you showing the world who you are? Do you get positive feedback from people you encounter? Or, does the system you walk around with need a new coat of wax and a polishing to shine it up a little bit—and going even further. Do you feel the energy flow within you so that it radiates out to lighten up a weary world? Is your heart good?

Maintenance. It could mean all levels. Be attendant. Grease a squeaky wheel.



23. Comet

Portends. Signs. Synchronicity. Serendipity. Be attentive. Hey! Wake up sleepy head, mister zombie you. The “Without” is beckoning. Be especially mindful of all the little “coincidences” out there. They may point you in a different direction than the one you are traveling now. Or if many of these things show up in your life it generally means that you are on track no matter what your circumstances appear to be on the surface. However, as usual a word of caution about portends, especially in the realm of Love. These “signs” if relied on too much can lead you astray. Especially in Love, the only true test of real or unreal is what your Heart is telling you. But generally these little signs to those of good intentions are a good omen that you are on right track.



24. Two Rings

Partnership. The joining of two lives together. It can be in Love, in a joint mystical adventure, a business partnership or just a friendship. Coming together with someone in an “unknowing” condition can lead to hard lessons. But they are lessons we all need to learn and are part of the reason of why we are here. It can also be a partnership of the greatest joy and communion. The ultimate, the Shanaal or legendary “soul-mate”. A partnership of some kind is what is indicated by choosing this Seal. Is the partnership healthy? Are both sides gaining from it with a give and receive or is one side pulling too much from the other to enhance their own ring. Is your perception correct? When you interact do you come away feeling uplifted and glad of the encounter—or is it a draining sensation leaving you depressed? These are the questions that must be asked of the partnership. If the former condition exists keep the connection, if the latter exists get rid of it—you have no need of such a thing. But take note: Even in the case of the ultimate, the Shanaal take heed of the wise axiom: “Let there be spaces in your togetherness.”



25. Joy

It's a smiley face! We went round and round about this Seal. We all thought that there must be more to this than that. But no, it's simple. Joy. What do you have that brings you joy in your life? Forget about the past, stop worrying about the future, be in the now and appreciate the good that you have. Stop, rest and be joyful, quietly if that is your way, boisterously if that is your way. Either way it is infectious. Spread it around. If this Seal comes in a future position then joy is on the way. Be joyful about that and it will draw it to you all that much more quickly. No muss, no fuss, no complications—just Joy.



26. The Sun

Warmth, light, Life. This is an old symbol that has always been important to the mystics.

Unlike the Star guiding you through the darkness the, Sun illuminates the world around you. As Joseph Campbell said: Follow your Bliss. Your bliss, your purpose in this life, that which gives you the fire in the belly—that is your Sun. And it is different for everyone. It is unique and yours, sometimes shared, sometimes solitary. Even in a joint venture you will bring your Sun into the equation and it will be you and yours. If you are walking around in the daylight, yet in darkness, then you have lost your Sun. Find it again. It is your Life, your purpose, your reason for being on this silly planet.



27. The Outer

Ah, drawing this is a good sign. You are on the right track. You will note that in the center of this Seal is the small reverse symbol for the Inner. This Seal indicates that your outer self is being projected from the inner self, the true self, the self that comes from the heart not from outside influences. This is a good sign that you are doing well. As usual, there is also a note of caution—is what you are projecting to the world your true self? Introspection. Honesty. Kindness. But all in all this is a good Seal to pull. Take heart, you're doing well.



28. The Inner

This is a Seal of caution. Beware. Your outer conditions and self-image stemming from those influences are ruling your inner self. You will note that the sign of outer is inside the inner. Where the other Seal is saying you are coming from the inner, the true self, this Seal is saying just the opposite. This world is generally run from this faulty perspective and that is why there is so much trouble and unhappiness. Everyone is susceptible to these influences so do not be dismayed if you fall into this way of thinking, just stop, assess and turn the thing around. Come from the inner, the true self. "Be in the world, but not of it."



29. Lemuria

Lemuria was the last great concentration of people that are now known as the Pleyarens or Pleiadians. They were the First Born, or the mother race as some call it. Drawing this Seal means that you are resonating with the energy of these beings and may actually be one of them. Be encouraged. This is a very balanced energy stream, for of all beings in this small segment of the galaxy who took on corporeal forms, these folks got it right. You might expect to receive inspiration from without, perhaps even a spirit contact to help guide you on your path. Get in tune with this energy. Meditate on the Seal and see what happens. This is a good Seal.



30. Web

Blockage. Obstruction. Caught in a web. Right now you are in a place that seems obstructed. This obstruction could be of your own making or it could be one that others have put there. It could be a difficult mindset that is holding you back or it could be some other person's influence as well. Release it, or the person, or both. Remember, that you chose the mindset, or you chose to be associated with that person. But do not be too hard on yourself because that may make the web even tighter. Release what is blocking you. And take heart. Not all influences that appear to be a blockage are merely a blockage. Sometimes these things serve as a necessary restriction so that you do not grow beyond what you are capable of handling. Relax. Release. Reassess. You are growing.



31. Linkage

Signifies opposites coming together for mutual benefit. Suggests coming to a position of moderation. Growth through the integration of other ideas not as yet considered. New connections, ideas, people. Material/Spiritual. Masculine/Feminine. Divine/Mundane. Most often this Seal portends opposites coming together but it is not limited to that only. Sometimes new influences come in from 90-degree angles or even from paths parallel to the one that you are working from. This is a Seal that speaks of the benefits of open mindedness and the integration of new things coming into your system.



32. Unfolding

Mind unfolding. Life Unfolding. Heart unfolding. The Seals that surround this Seal will determine what category is in question at this time. This seal indicates growth, and the unfolding of the inner expanding to the outer realms. Be heedful and aware. Are you stuck in a rut of swirling thoughts that just go round and round with no solution? Do you need to expand to another job or even beyond the mundane constraints of this world and break out? Is your heart open and receiving messages in a free flowing fashion or is it blocked by the hurts of the past? Unfolding, gentle, pervasive, growth is indicated by this Seal. Take Heart, you are growing and growth will continue for the rest of your life when that is your intent and will.



33. Sacred Text

An Ocean. The lines in the center of the figure indicate both writing and the ocean of knowledge and wisdom that is available for all who seek. I am told by Spirit that this shape is the shape of many of the scrolls of wisdom in the time of Atlantis/Lemuria. They were written on papyrus type paper and were tapered for a distinct purpose. At the narrow top would be the most important information and wisdom. Further down the scroll would supply the explanations and various permutations, surrounding the core wisdom at the top. Drawing this Seal indicates a time to go and seek out some source of wisdom in the written form. It can also indicate reviewing some source of information that has been valuable in the past and looking at it again from a fresh (your current) perspective. The best sources of wisdom grow in time just as you grow in time. Read a book seeker. The time is propitious.



34. Convergence

This was one of the most difficult Seals to interpret. It took months of pondering then with the help of a friend we finally found it. Convergence. You are in the center position. One arm signifies the Divine without, the other arm denotes the Divine within. Both are now converging on you in the center position. This is a time to stay centered, stay within your self, and stay focused. Then calmly and without preconceptions try and decipher what the divine without is trying to show you. After this is done, try to discern what your heart has to say on this matter. If the two, the without and the within, agree then take action on whatever matter you are considering. If however, you get a mixed signal, then more contemplation is needed. Stay centered, stay grounded, stay within yourself and stay put if no agreement between these two influences is apparent. This is a Seal of deep contemplation and can be applied to any inquiry under the sun, or out in the cosmos.



35. Ascent/Descent

You see shades of the Hopi Indian symbolism in this Seal. Are you at this time ascending or are you descending? You can feel this and that is what you need to be aware of at this moment. This is a very timely Seal. How have you been feeling lately, either today or the past few days? Are you reaching higher energy or are you taking a sojourn down to the lower energies? Neither is either good or bad but rather a part of the process. One must do both. Up down, up, down but in the final tally one should be ascending into the higher energy vibrations. Admittedly, pushing into higher unknown energy is difficult and it seems that falling back into old patterns of the old life is easier and quicker. In a sense this is true, yet you will find that even if you fall back quick, you are also able to “jump” up to familiar higher energies just as quick as falling back. It is pushing this higher level even higher which is more difficult yet is the goal. Where are you at right now, the past week, the past year? Are you ascending? This Seal brings this inquiry to the forefront.



36. The Vessel, or Jar

Potential. All the potential that is within you. You are the vessel of potential. You will notice that the vessel has a lid on it. The jar is closed. Drawing this Seal is saying “Take the lid off the jar and let your potential out.” It can be anything that is within you, from picking up a paintbrush to running out and throwing a Frisbee around, to delving into deep and resounding spiritual matters alone or with friends. There is so much within you that it would stagger your imagination! Open the jar and let a part of it out. Let the world see or just see it for your self. Do not stay all bottled up. Your potential is astounding, and when you see it in your self you will begin to see it in others as well. And the world will look a little better.



37. Harvest

This Seal speaks for itself. I'm an optimist so this Seal denotes a well-earned harvest of all that you have been working on for so long. Often, especially in this dense and sometimes dark world, the harvest takes a long time to manifest. Other times it comes back fairly quickly. Enjoy it. You deserve it. No false humility and at the same time do not get a big head. When the ego gets too far in front, a fall is forthcoming. But enjoy it, feel the warm glow in your Heart for the reward that has been well deserved. And do not fear. If the coming of the harvest entails a long wait, then the reward will be all the greater. Because the time of waiting factors into the equation. Enjoy. You've earned this.



38. Balance Just as it says Balance. Imagine the base of the pedestal as circular and the top of the pedestal as circular also. As the two sides sway back and forth, the whole thing also revolves slowly on its axis, round and around helping to retain the balance. It is balance in all things of your life. It is a strong reason why two people come together—they are helping each other retain balance. The best union of course is when two individually balanced and whole persons come together and then you really have something. It is the balance of the masculine and feminine, the spiritual and material, and most important of all a balance between the Head and the Heart. When these two come together in agreement then you can be sure that you are on your true path. This Seal asks you to contemplate these matters in an open, honest, and compassionate manner. Be gentle yet truthful, do not run from yourself or you're own actions even if you may not be so proud of yourself for some of them. And yet be gentle in this as well, for we all, at some time or another, have acted and spoken from a place of imbalance. This is a time of deep personal probing, assessment and honesty. Use this time well and you will come out from the process, stronger, surer and—better balanced.



39. Portal

Extra dimensional/Interdimensional portal. This is a very cool Seal. It indicates incoming energy and messages from beyond this plane of existence. In its most spectacular form it is actually a portal that opens up inside ones residence or even an area in a park or other place. I have known this to happen more than once. But be careful with this one and make sure it is good energy coming through. Negative portals are known to have opened up as well: the most common being through the use of mirrors or an Ouija board. Be aware that the energy is good and not “spooky”. If spooky energy is coming through shut it down. To a lesser degree a portal can be a new person that you meet or even a powerful book. This is a time to be aware of that which is “without”. Suspend the inner search and look around you, look out into the world and seek “incoming” from the ethereal plane. This occurrence can be very interesting as well as illuminating. Enjoy, but as always be very aware as well.



40. Harmonic Wave

Inner harmonic wave. This Seal depicts the inner harmonic wave that is pulsing within all of us all of the time. The flow of this wave emanates from the heart and moves both upward and downward through the chakras of the body's system. During times of stress or heightened activity, the wave flowing through the chakras will compress and the frequency will increase and then when things settle down once again the wave will decompress and the system will mellow out once again. The ultimate development of this harmonic wave within the system would be that no matter what is going on around you, the wave would compress and decompress smoothly and naturally in "Harmony". You would handle every situation, no matter how crazy, in the same smooth flowing way. Drawing this Seal means that you should embark on a very sophisticated look at how your system is flowing. Are you blocking the harmonic flow through any of the chakras? How are your thoughts? How are your emotions? Do you have a bellyache or intestinal problems, headaches? Is your 3rd eye open and receiving? This Seal indicates a time of deep investigation of your inner being.



41. Exchange

This is a modern Seal, you will note that it resembles a modern dollar sign. But you will also note that the intersecting line is a little bit curved. This is important. In its most mundane this Seal deals with money that unfortunately most of us have to deal with. But it also has to do with balance. Exchange and the balance within that exchange. Money for goods. Services for money. Goods for services. It is a question of conservation of energy, which is the natural state of things. Is the exchange fair and balanced? Did you get what you paid for? Money is a symbolic measure of energy. Exchange. Did you get out of the deal what you put into it? Or were you ripped off? Balance and fairness is the question here. And this does not apply only to commercial concerns it can be the exchange of energy for energy for all realms of human endeavor. It can be the exchange of energy between friends. It can be the exchange of energy in a romantic relationship. It can be the exchange of energy in a business relationship. All of these realms come under the purview of this Seal. And Exchange is a very sophisticated concept that asks of you that you step outside of yourself and be objective on any of the matters in question. This is essential if you are to understand the Seal of Exchange effectively.



42. Heart

This is **The Key**. The Heart. The heart is your connection to the Divine, to God, to Creation, whatever you would like to name it. It already knows things that the mind has not even considered yet. The Heart is the “still quiet voice within.” It is time to listen to what it is trying to say to you. It knows. The Heart is the center point in the body spiritual and physical. There are three chakras above and three below, and the real truth is emanating from the Center Point.

Drawing this Seal is a good sign. It is also a sign of gentle warning to be aware of what the Heart is trying to say to you. Quiet your mind and the emotions that are coming from it. They are selfish and unknowing. Learn to listen to “The still quiet voice within.” The mind and emotions that lead to “emoting” are only reacting to the world and its stimulus. The world around us is full of lies. It is not the truth. The heart knows the higher truth and it also knows the best way to see you through the obstacles of lies that surround us. And “Feelings from the Heart” can fly you to

higher places than any emotion can ever do. It takes you up (or even down) yet in the end it always brings you gently back to a state of equilibrium. Learn to delineate between a “Feeling from the Heart” and an emotion from the head. Every thought or concept in the mind should be checked by asking the Heart what it “feels” about this. If the two coincide and agree, then you are on to something. The Heart is the key. Learn to listen to it. It does not lie. It is your personal connection to the Divine.



42. Null Set

This is not really an official Seal. This is a modern adaptation. It acts in the same way as a reversed card in the Tarot deck. When you draw this stone, the Seal immediately **following** the Null Set stone will be reversed in meaning. When you pull a stone always place it in an upright position. Only the Null Set will reverse the meaning.

Appendix A. Executive Summary of Solomon Source



“Be the Change You Want to See in the World” Mahatma Gandhi

Revitalization & Empowerment Strategies

Mission: To awaken people to the heart of the matter: our relationship with the planet and each other. We’re all in this together, we must save our-Selves, *and* each other.

Solomon Source was founded to deal with environmental degradation that is usually driven by economics, and ignorance of the ultimate costs of environmental destruction. The solution has to do with educating people and providing opportunities for people to get exposure to the wonders of nature, and for them to experience nature in new ways – leading to an awakening of the spirit. Solomon Source’s aim is to develop solutions that can be adapted and utilized in the current socio-economic paradigms, but building a bridge to the future.

We are focused on bringing innovation to the world, within context, while at the same time empowering communities and their citizens to expand the economy, creatively and responsibly (especially agricultural). All development must be blended and be complimentary to the existing economy. We conduct

careful assessments for a holistic approach to protect the environmental, social and cultural characteristics of the communities and regions. To an extent we focus on rural, but it is important to note that a critical relationship exists in what is called the "rural-urban nexus". In short, these two exist in absolute dependence. Rural places provide the food, water, natural resource management and respite from urban life, while the cities utilize the products of the rural places. We have said for some time that "everyone can't live in the city", nor would we want them to. However, if we don't support and innovate rural places we will have even more serious problems than we currently do.

Solomon Source addresses many things. It has to. It is necessary to look at the bigger picture in order to blend these new opportunities into the environment and to advancing humanity. To move forward on these opportunities we must bring together teams of experts, but more importantly we emphasize empowering the local citizenry to be the "masters of their own destiny". Because, at some point in time, the teams will go home and the community will need to carry on. So again, the solution is about education, and empowerment.

It should be obvious that we see the Internet, and new emerging technologies, as paramount to support these efforts. It is our opinion that we have barely tapped into the potential, however, we need to remember that these new technologies are only a tool. Ultimately we see tremendous hope for the

changes that are happening, people awakening and developing "grass-roots" initiatives and recognizing the urgency of our task - to take care of each other, and the earth.

One of our primary objectives is the Rural Revitalization & Empowerment Strategies (RRES) which is a holistic regional and community empowerment initiative. It is grounded in the idea of developing and implementing community and individual change through pragmatic, "common-sense" solutions. These common sense approaches have been developed from a theoretical understanding of the world, but are based on real world questions. The principles and approaches of the RRES have been hammered out of many years of study and work in the area of "community development", mostly in rural regions but the approaches are designed to be generalizable and adaptable to any situation.

The RRES is established on foundational principles. Volumes could be written on any one of these topics. It is not the point to proclaim *the* solution. The intent is to introduce some new, and re-introduce some established principles and approaches to start to build a new "foundation" upon which to begin building a new structure based on strategies for enhancing co-operation, collaboration and creativity (see Nash and Wattles).

Paramount to all this is the consideration of the existing context (systems thinking) and the protection of the natural environment. The reader must understand that environmental

protection, management and enhancement, and the development of new practices for agriculture and all economic activities must be based on new models, or models using combinations of established methods that perform better for long term environmental sustainability.

Our position regarding environmental protection is based on evidence gathered from throughout recorded human history, and we are irrefutable on this point: that the costs for not protecting and sustaining that where our bounty comes from (the earth) are exorbitantly high, not only in economic terms but in regards to human, animal and plant health and for the quality of life. The prior “human-nature” paradigm of exploitation and dominance has failed. We need new models and practices, and we need them now.

We foresee radical changes occurring in communities and economies in the future. However, we see that we must move from the current economic and social paradigm to the new one without a total collapse. The RRES presents a process that will fit within current paradigms, but move the communities towards those new models. We do not proclaim to know what those new models will be in total, but in certain circles we have observed a more “micro-scale” economy to be more sustainable. We believe that regional based economies to be more supportable, efficient and workable. Based on trends in communities and larger economies, and our evaluation of what we see as structural problems in current corporate and

macro-scale economics, there will need to be significant changes for the creation of more sustainable communities. We have predicted for some years that more localized, regional models are more efficient and sustainable. However, it is necessary to present the RRES within the existing economic, institutional and social contexts. In any case, it has been our belief that the new model will grow from the “grass-roots”, based on individual empowerment which will lead to more creativity and cooperation, as opposed to the competitive model. It is envisioned that these approaches will aid in the evolution, or adaptation, of regions, communities, businesses and individuals to a more harmonious and sustainable way of life.

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LET THERE BE PEACE ON EARTH AND LET IT BEGIN WITH ME.